



An initiative by JIGYASA Charitable Trust- Delhi/ NCR
FUN • LEARN • IMAGINE • GROW

Hello Learners!

Welcome to your very own Jiggy's creative learner bulletin filled with exciting stories, fun activities, amazing facts and creative ideas just for you!
Let's learn, laugh and explore together!

-Jiggy's Creative Learners



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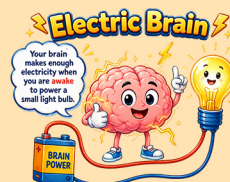
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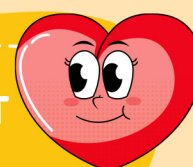
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SHARE THIS WITH ANOTHER PARENT





Hello friends!
I am JIGGY & I am going
to tell you a story of-

The Owl Who Was Afraid Of The Dark

1

Olly was a young owl who lived in a big old tree. Unlike other owls, he was afraid of the dark and refused to fly at night. He always stayed safely inside his nest.

1. The Little Owl



3

Nearby, an old wise turtle smiled and said, "Darkness isn't your enemy, Olly. It helps your eyes see what others cannot. Sometimes our greatest gifts shine only when we are brave enough to use them."

3. A Wise Turtle's Advice



5

As Olly flew through the quiet forest, he heard tiny cries. A group of lost baby rabbits had wandered away from their family and couldn't find the way home.

5. A Cry for Help



7

From that night on, Olly no longer feared the darkness. Instead, he looked forward to every moonlit adventure, knowing that courage had helped him discover his greatest strength.

7. A New Beginning



2

One evening, Olly peeked outside and saw tiny fireflies glowing like little stars. They danced happily through the darkness without any fear, making the night look magical.

2. The Bright Fireflies



4

Taking a deep breath, Olly spread his wings. Slowly, he flew under the soft moonlight. At first he felt nervous, but with every flap of his wings, his confidence grew stronger.

4. The First Brave Flight



6

Using his sharp night vision, Olly carefully guided the baby rabbits through the dark forest until they safely reached their parents. Everyone thanked the brave little owl for his kindness.

6. The Hero of the Night



Moral of the Story:

Courage grows when we face our fears.

Question for Kids ?

What is one fear you would like to overcome?

2

Jigyasa Summer Maze

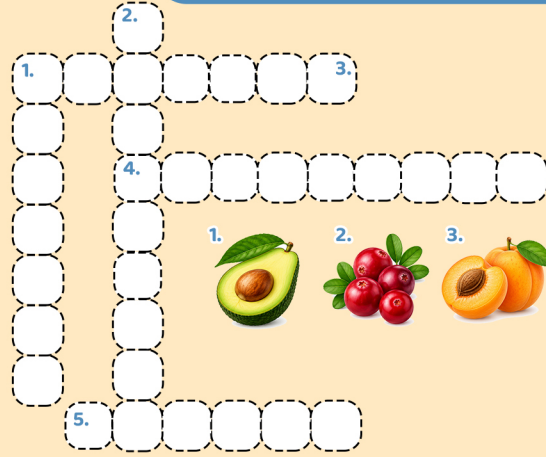
HELP HIM REACH HOME!

Find the correct path to help the boy reach his treehouse.



Draw a dotted line to make a path

Guess The Fruit's Name



Spot The Differences

Look closely and see if you can find them all!



Jigyasa Artist Zone

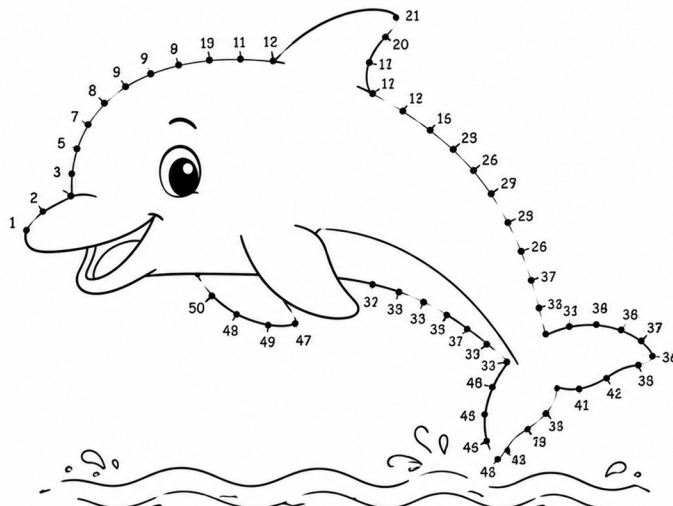
Use crayons or sketch pens



Dot to Dot

Join the dots from 1 to 50 to complete the picture!

Connect the dots to make a figure and guess the name.



3



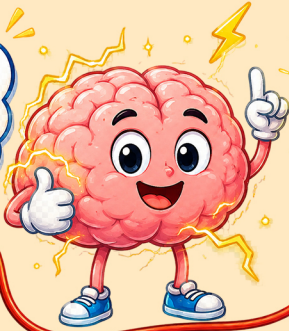
Jigyasa Science Facts

Human Body Facts

Electric brain: Your brain makes enough electricity when you are awake to power a small light bulb.

Electric Brain

Your brain makes enough electricity when you are **awake** to power a small light bulb.



Earth Facts

Invisible Shield: Earth is surrounded by an invisible magnetic field that protects us from the Sun's harmful radiation.

Invisible Shield

Earth is surrounded by an invisible **magnetic field** that protects us from the Sun's harmful radiation.



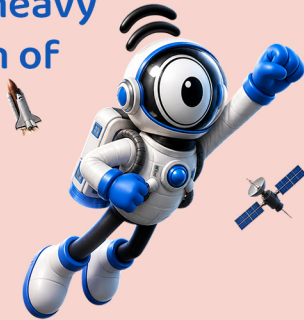
Harmful Radiation



Invisible Magnetic Field

Jigyasa Space Facts

Super-Dense Stars: Neutron stars are so heavy that a single teaspoon of their material would weigh about a billion tons on Earth.



Super-Dense Stars!

Neutron stars are so heavy that a single **teaspoon** of their material would weigh about a **billion tons** on Earth.

NEUTRON STAR



Just 1 teaspoon of neutron star material



=



That's about a billion tons!

Jigyasa Fact & Figures

Polar Bear Did you know?



POLAR BEARS

Appear white, but their individual hairs are actually hollow and transparent, sitting on top of jet-black skin to absorb heat efficiently.

4 ALGAE GROWTH

In warm or humid zoo environments, microscopic algae can sometimes grow inside these hollow hair tubes, temporarily turning the polar bear green.

1 LIGHT SCATTERING

The individual guard hairs are completely clear, but they scatter visible light in all directions, making the bear appear white to our eyes.

2 HOLLOW CORE

Each hair contains a core filled with air, which acts as a powerful insulator to trap the bear's own body heat.

3 SOLAR ABSORPTION

The jet-black skin beneath the fur is rich in melanin, allowing it to absorb the sun's ultraviolet rays that pass through the clear hairs.

NATURE MADE THEM PERFECT!

THE SCIENCE BEHIND THE ADAPTATION!



AMAZING FACT!

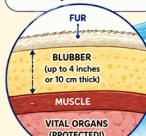
This incredible natural design helps polar bears survive in one of the coldest places on Earth!

POLAR BEARS BORN FOR ICY SWIMS!

Polar bears stay warm while swimming in freezing water thanks to amazing natural adaptations.

1 THICK BLUBBER LAYER

A fat layer up to 4 inches (10 cm) thick that prevents vital organs from losing heat to the freezing ocean.



3 COMPACT BODY DESIGN

Small ears and short tails minimize the exposed surface area to limit heat loss.



KEY ADAPTATIONS FOR ICY SWIMS

2 TRAPPED AIR INSULATION

A dense undercoat of fur that holds a pocket of warm, dry air right next to the bear's skin.



Water-repellent dual-layer coat keeps water out and warmth in!

THE RESULT?

Stays warm in freezing water

Protected from heat loss

Built for life in the Arctic!

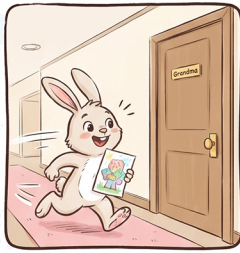
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Jigyasa Daily Life Skills

Knock First, Then Enter!

1

Bunny wanted to show his new drawing to Grandma. He ran quickly to her room.



2

Bunny was about to open the door, but then he remembered, "I should knock first!"



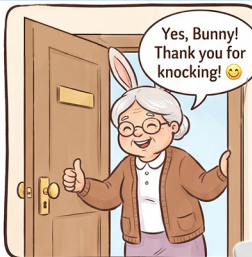
3

Bunny knocked gently and said, "May I come in, Grandma?"



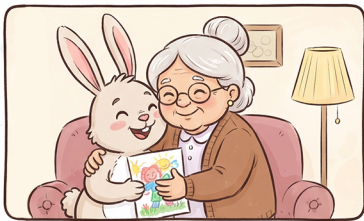
4

Grandma smiled and replied, "Yes, Bunny! Thank you for knocking before entering."



5

Bunny showed his beautiful drawing, and Grandma gave him a warm hug.



♥ Moral: Always knock before entering someone's room. It shows respect, good manners, and kindness.



Jigyasa DIY Craft

Paper Plate Water Melon Fan

1

CUT THE PLATE:

Cut a standard paper plate exactly in half to create a semi-circle shape for your watermelon slice.



2

PAINT THE RIND:

Paint a thick band along the curved outer edge of the plate using green paint to form the watermelon rind.



3

PAINT THE CENTER:

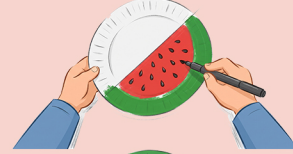
Paint the rest of the semi-circle with bright red or pink paint to represent the juicy fruit inside.



4

ADD THE SEEDS:

Use a black marker or black paint with a fine brush to draw small teardrop-shaped seeds scattered across the red area. Let all the paint dry completely.



5

ATTACH THE HANDLE:

Apply glue to the bottom straight center edge of the painted paper plate and press a popsicle stick securely onto the back to serve as your fan handle.



Jigyasa Drawing Challenge

Week 1: Invent a School Bag with Superpowers

Week 2: Create a Fantasy Birthday Cake

Week 3: Invent a Helpful Robot

Week 4: Design a Moon Village

Think and Draw your imaginations on a sheet.



Jigyasa Writing Prompt

Q. The best day of my life was...?

Q. My dream vacation is...?

Think and write the answers on a sheet.



Parent Corner



Parenting Tips: Model Positive Behavior

Children Learn by Watching:

Habit Building Tricks

Attach New Habits to Existing Routines

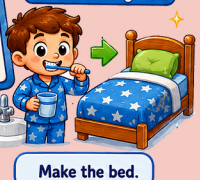
Children remember habits better when linked to something they already do.

Formula: After I _____, I will _____.



How it works:
✓ Existing Routine
+ New Habit
= Strong Habit!

After brushing teeth



Make the bed.

Examples:

After school



Put shoes in the shoe rack.

Before dinner



Wash hands.

Small links create strong habits!

1. Stay Calm During Challenges



Children learn emotional control by watching how parents respond to stress.



Example: Speak calmly and solve problems without yelling.

2. Apologize When You're Wrong



A sincere apology teaches humility and accountability.



"I'm sorry I raised my voice." I'll try to handle it better."

Example:

Screen Time Tips for Parents:

Follow the "Needs Before Screens" Rule

Teach children to finish responsibilities first.

Order:

1 Homework



2 Make Bed



3 Set the Table



4 Reading



5 Outdoor Play



Screen Time



Finish first, then enjoy!

Less Phone, More Life!

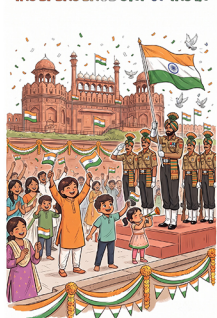


Jigyasa Monthly Update

AUGUST 7:
NATIONAL HANDLOOM DAY
(PROMOTES INDIAN WEAVERS)



AUGUST 15:
INDEPENDENCE DAY OF INDIA



AUGUST 28:
RAKSHA BANDHAN



Jigyasa Fit & Fine Water Power

Water Power!

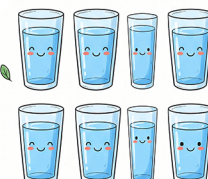
Drink More Water Every Day!

Water keeps your body cool, helps your brain think clearly, and gives you energy to play.



Kid Challenge:

Drink 6-8 glasses of water today and put a star on your water tracker each time!



MONTHLY UPDATE

6

Kids Achievement Wall



"Meet Prateek – Graphic Designer at JCT"

We are happy to welcome Prateek to the **Jigyasa** team as our **Graphic Designer**. Prateek is a creative and enthusiastic designer with a unique perspective and a passion for visual storytelling. He brings fresh ideas, high creativity, and out-of-the-box thinking to every project.

We believe that with the right support and opportunities, he will continue to grow and make meaningful contributions to our creative journey. We look forward to creating amazing work together.

Eco Hero Challenge

DIY Seed Bombs:

Mix soil, clay, and seeds to form small balls and plant them in empty soil areas.

Eco Hero Picture of July Month Challenge

(Send your artwork and creativity, first 2 emails with artwork will showcase on the wall)

DIY SEED BOMBS

LEARN HOW TO MAKE AND PLANT SEED BOMBS!



Environment Awareness for kids

Say No to Plastic: Plastic harms animals and takes hundreds of years to disappear.

JIGYASA

CHARITABLE TRUST



Jigyasa Edutainment



Under its ****Edutainment Initiative****, Jigyasa Charitable Trust creates engaging learning experiences that combine education with creativity and technology. Through interactive workshops, hands-on activities, storytelling, and digital learning, children explore new concepts in a fun and practical way. Our goal is to nurture curiosity, critical thinking, creativity, and problem-solving skills while making learning enjoyable. At Jigyasa, we inspire young minds to learn, create, and grow with confidence.



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