

OCT /2024

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Jigyasa

Learning Through Visuals



INFORMATION
BULLETIN

An initiative by JIGYASA Charitable Trust

NEW DELHI/NCR

HIGHLIGHT

Jigyasa Monthly



Jigyasa Sports



Oct 12-20,
Sailing America's Cup,
Barcelona, Spain

Jigyasa Creative Skills



Candy Gift
Packing

Show your
compliments

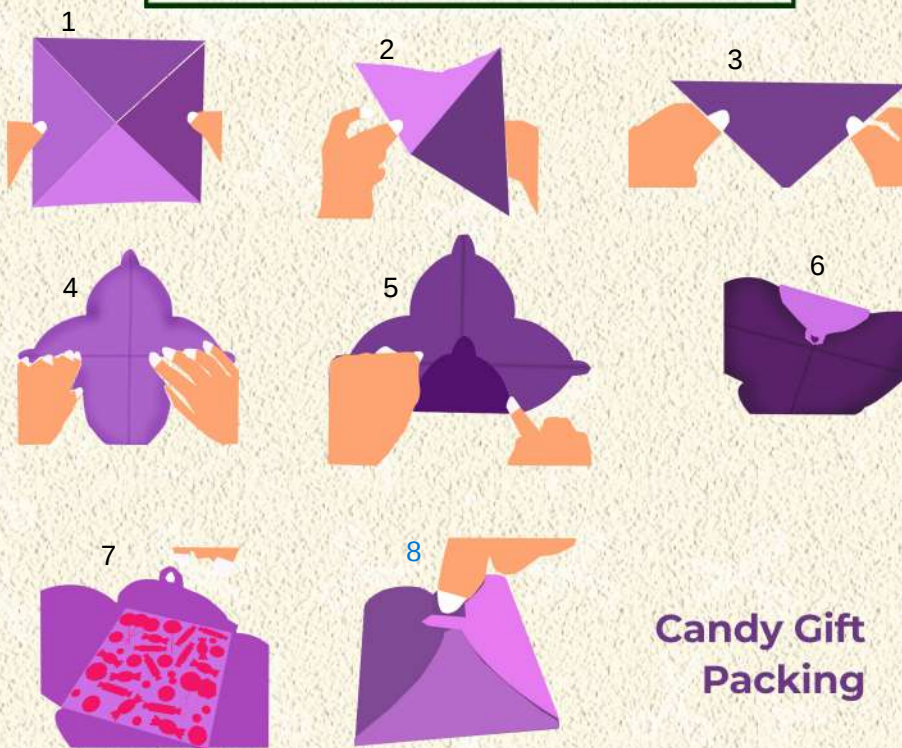


Jigyasa Monthly Update



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Jigyasa Creative Skills:



Candy Gift
Packing

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Do you know?

Jigyasa Facts & Figures

Mummy



- . Mummification was the Ancient Egyptian's way of embalming.
- . The mummification process probably started around 2600 BCE.
- . Preserving bodies was part of the Ancient Egyptians religious beliefs.
- . The process of mummification took 70 days!
- . Mummies were buried with lots of special objects surrounding them.
- . One of the most famous mummies discovered is the Pharaoh Tutankhamun.

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Jigyasa Daily Life Skills

**UPDATE YOUR KNOWLEDGE
KEEP LEARNING TO GROW
YOUR ABILITIES**



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Jigyasa Sports



**Oct 12-20,
Sailing
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Jigyasa Management Skills



Leadership skills

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Jigyasa Special

When Adversity Knocks

Scene 1



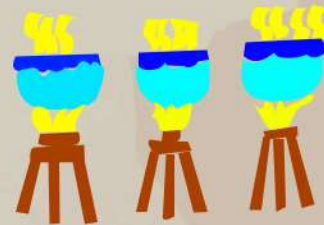
There once was a girl who was frustrated with life and asked her father for advice.

Scene 2



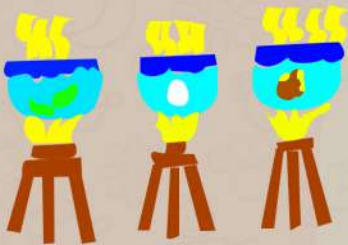
He asked her to bring an egg, two tea leaves, and a potato.

Scene 3



He then started boiling water in three separate vessels.

Scene 4



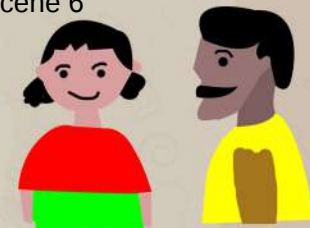
He put the egg, potato, and tea leaves in one vessel each

Scene 5



He put the egg, potato, and tea leaves in one vessel each

Scene 6



He explained to his daughter that:
The soft egg was now hard.
The hard potato was now soft.
The tea had changed the water itself.
When adversity is at our door, we can respond to it in different ways.

MORAL

"We decide how to respond to difficult situations."

Jigyasa Fit & Fine



- . Lowers blood pressure
- . Reduces stress hormone levels
- . Improves cardiac health
- . Boosts T-cells
- . Triggers the release of endorphins
- . Produces a general sense of well-being

Benefits of Laughter

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Jigyasa Good Manners



Good Manners
Following Sportsmanship

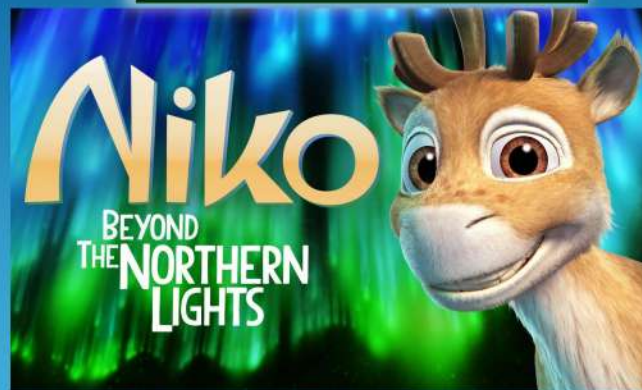
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Jigyasa News & Events

AEMP- Inclusive and Accessible Tech-Ed is organizing mock interviews for persons with diverse needs

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Jigyasa Edutainment



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Jigyasa Fun to Learn

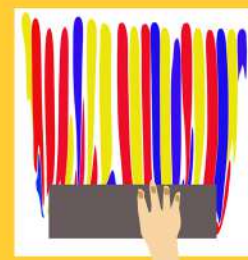
Step-1



Step-2



Step-3



Make a painting using multiple colors

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Jigyasa Words to Parent



Do Not Point or Staring at People



CONNECT WITH JIGYASA

This illustrated based inclusive bulletin is a non-profit initiative by Jigyasa Charitable Trust to enhance the reading learning habit of students at early and middle childhood including specially-abled, and designed by a team of specially-abled artists. It is reaching out to forty thousand readers and creating work opportunities for differently-abled. You can help, support and join us in this endeavor by subscribing, sponsoring and volunteering with us.

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