

MARCH/2025

myjiggy.com

**INFORMATION
BULLETIN**

An initiative by JIGYASA Charitable Trust
NEW DELHI/NCR

HIGHLIGHT

Jigyasa Monthly



Jigyasa Sports

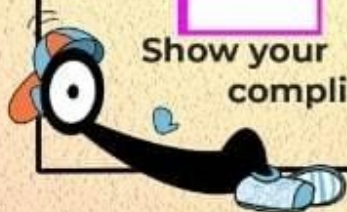


Mar 8-16, Multi-sports,
Special Olympics World
Winter Games

Jigyasa Creative Skills



Show your
compliments

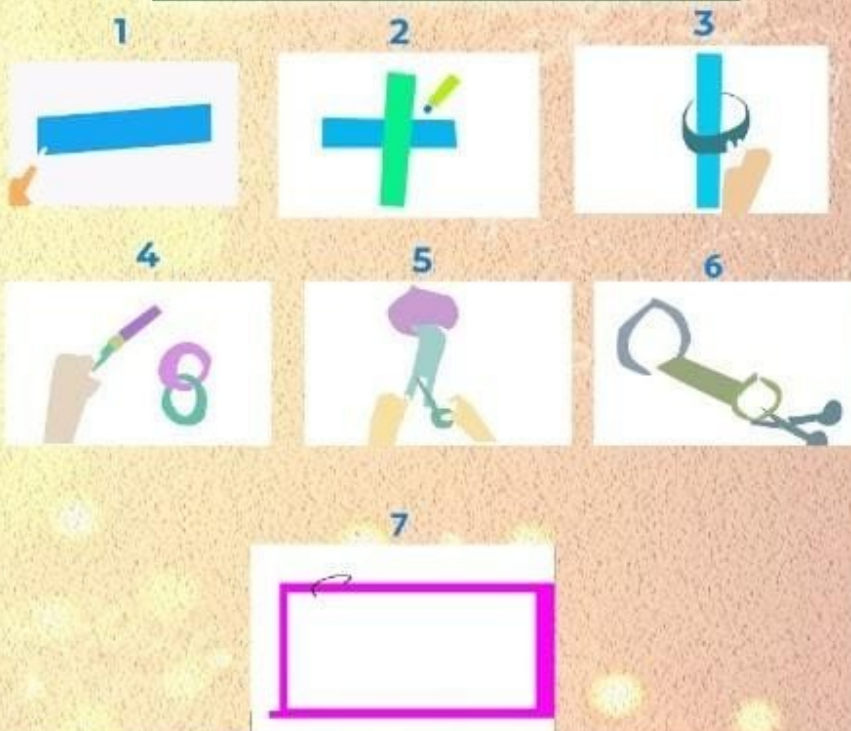


Jigyasa Monthly Update



3rd March 2025, world wildlife day

Jigyasa Creative Skills:



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Do you know?

Jigyasa Facts & Figures

Seals



- . Seals are distantly related to bears and skunks
- . Seals are distantly related to bears and skunks
- . Earless seals have ears
- . Seals are chatty
- . Seals love the water
- . Seals love to eat
- . Seals are playful, smart, and slightly mischievous

Jigyasa Daily Life Skills CONFLICT RESOLUTION



Jigyasa Management Skills



ABILITY TO FOCUS ATTENTION

Jigyasa Sports



Mar 8-16, Multi-sports, Special Olympics World Winter Games-Turin, Italy

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Jigyasa Special

The Monkey and the Cap Seller



There was once a proud elephant who constantly bullied smaller animals.



He would go to the anthill near his home and spray water at the ants. The ants, with their size, could do nothing but cry.



The elephant just laughed and threatened the ants that he would crush them to death.



One day, the ants had enough and decided to teach the elephant a lesson. They went straight into the elephant's trunk and started biting him.



The elephant could only howl in pain. He realized his mistake and apologized to the ants and all the animals he bullied.

MORAL

"Be humble and treat everyone with kindness. If you think you're stronger than others, use your strength to protect them instead of harming them."

Jigyasa Fit & Fine

- .. Heart health benefits.
- . Anti-inflammatory properties.
- . Anti-cancer phytonutrients (similar to those of broccoli)
- . Digestive health benefits.
- . Elevated endurance.
- . A boost in antimicrobial properties that fight oral germs that cause gum disease and bad breath.

Benefits of Pomegranate

Jigyasa Good Manners



Good Manners

Having a conversation the right way

Jigyasa News & Events

Mastery in Designing Excellence and Industrial Training (MDEIT), first ever job-oriented program aligned with industry standard tools.

Admissions open for the batch of 2025-2028.

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Jigyasa Edutainment



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Jigyasa Fun to Learn

Step-1



Step-2



Step-3



Step-4



Step-5



Make a painting using multiple colors

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Jigyasa Words to Parent

Apologizing when wrong



CONNECT WITH JIGYASA

This illustrated based inclusive bulletin is a non-profit initiative by Jigyasa Charitable Trust to enhance the reading learning habit of students at early and middle childhood including specially-abled, and designed by a team of specially-abled artists. It is reaching out to forty thousand readers and creating work opportunities for differently-abled. You can help, support and join us in this endeavor by subscribing, sponsoring and volunteering with us.

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