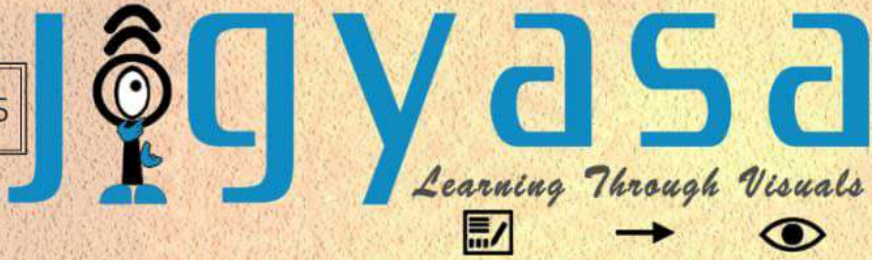


December/2025

myjiggy.com



1

INFORMATION
BULLETIN

An initiative by JIGYASA Charitable Trust
NEW DELHI/NCR

HIGHLIGHT

Jigyasa Monthly



Jigyasa Sports



FIG Trampoline Gymnastics World Champion-
ships (trampoline gymnastics)
6 - 9 November 2025 | Pamplona, Spain

Jigyasa Creative Skills



Show your
compliments

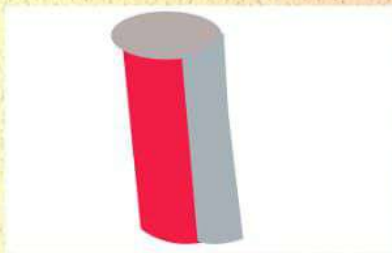
Jigyasa Monthly Update



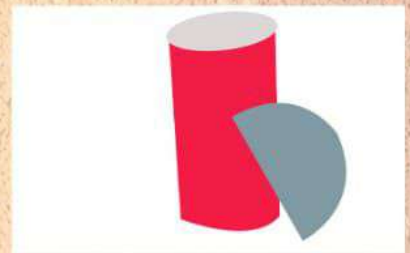
11th December- UNICEF DAY

Jigyasa Creative Skills:

1



2



3



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Cut from here to use this as a flash card

Do you know?

Jigyasa Facts & Figures

Ostrich



- . There are 2 Species of Ostrich
- . They Are the World's Largest Bird
- . Ostriches Can't Fly But They Run Really Fast
- . They Only Have Two Toes
- . Ostriches Live in Flocks
- . Ostriches Have a Specialized Stomach
- . They Produce the World's Biggest Eggs
- . Ostriches Have a Lethal Kick
- . Ostriches Have a Lethal Kick

Jigyasa Daily Life Skills

OPERATE COMPUTER & PRINTER



Jigyasa Management Skills



BREAK DOWN LARGE TASKS

Jigyasa Sports

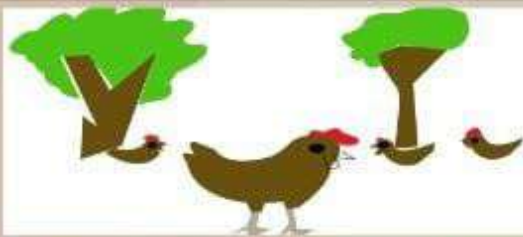


Formula 1 Etihad Airways Abu Dhabi
Grand Prix (Formula 1)
5 - 7 December 2025 | Yas Marina, Abu
Dhabi |



Jigyasa Special

The Little Red Hen



The little red hen asked for help planting wheat, but no one wanted to help.



When it was time to harvest and make bread, they all wanted to eat,



But the hen kept the bread for herself, teaching a lesson about fairness and hard work.

MORAL

"Hard work brings rewards."

Jigyasa Fit & Fine



- Almonds are loaded with antioxidants
- Almonds are high in vitamin E
- Almonds can assist with blood sugar control
- Magnesium also benefits blood pressure levels
- Almonds can lower cholesterol levels
- Eating almonds reduces hunger
- Almonds may be effective for weight loss

Benefits of Almonds

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Jigyasa Good Manners



Good manners
Avoiding gossip and hurtful language

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Jigyasa News & Events

At the Museum of Illusions, students discovered that just like illusions, diversity invites us to look beyond the surface and appreciate every unique perspective. All journeys and personal lives.

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Jigyasa Edutainment

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Jigyasa Fun to Learn

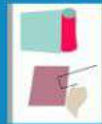
Step-1



Step-2



Step-3



Step-4



Step-5

**TPainting****Jigyasa Words to Parent**

Open, close & lock windows to be safe

**CONNECT WITH JIGYASA**

This illustrated based inclusive bulletin is a non-profit initiative by Jigyasa Charitable Trust to enhance the reading learning habit of students at early and middle childhood including specially-abled, and designed by a team of specially-abled artists. It is reaching out to forty thousand readers and creating work opportunities for differently-abled. You can help, support and join us in this endeavor by subscribing, sponsoring and volunteering with us.

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