

August/2025

myjiggy.com

Jigyasa

Learning Through Visuals


**INFORMATION
BULLETIN**

An initiative by JIGYASA Charitable Trust

NEW DELHI/NCR

HIGHLIGHT

Jigyasa Monthly

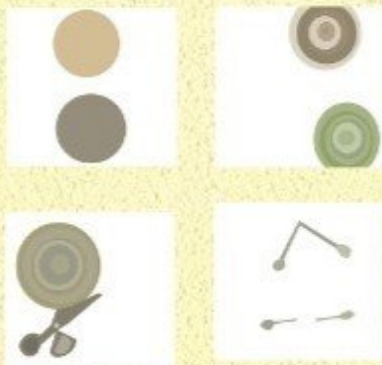


Jigyasa Sports



FIG Rhythmic Gymnastics World Championships (rhythmic gymnastics), 20 – 24 August 2025 | Rio de Janeiro, Brazil

Jigyasa Creative Skills



Show your compliments

Jigyasa Monthly Update



4 August (First Sunday of August) – Friendship Day

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Jigyasa Creative Skills:

1



3



2



4



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Do you know?

Jigyasa Facts & Figures

Pyramids



- . The pyramids were, at one point, the highest constructions ever created by humans.
- . Most of the pyramids were constructed of limestone, except for The Great Pyramid, which was constructed of granite.
- . The temperature inside the Pyramids remains constant. It is equal to the average global temperature of 20°C.
- . The pyramids were much more than just tombs.
- . Pyramids were constructed for religious reasons because the Egyptians were among the first to believe in an afterlife.
- . Egyptians placed prized objects like gold, jewelry, and pottery within the pyramid, as well as sculptures of the Pharaoh.
- . The pyramids sometimes seem to be pointing to the stars.
- . Egypt really has more than 100 pyramids.

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Jigyasa Daily Life Skills

IRON CLOTHES



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Jigyasa Management Skills



SORT, FOLD & PUT AWAY LAUNDRY

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Jigyasa Sports

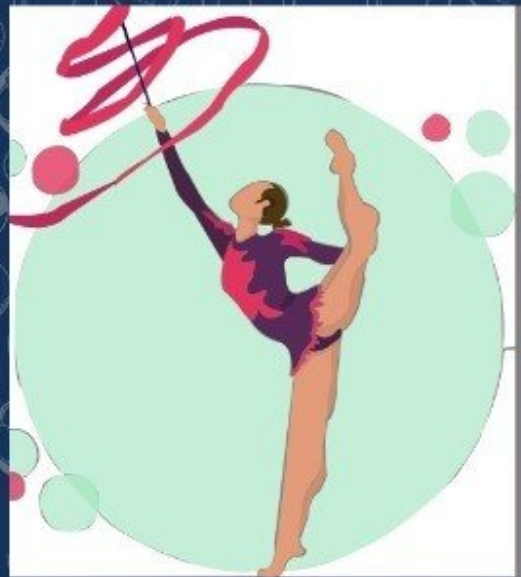


FIG Rhythmic Gymnastics World Championships (rhythmic gymnastics), 20 - 24 August 2025 | Rio de Janeiro, Brazil

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Jigyasa Special

The Fox and the Stork



The proud peacock mocked the crane for his dull feathers.



The crane responded, "I may not have beautiful feathers.



But I can fly high in the sky, while you are stuck on the ground.



" This story teaches the importance of valuing inner qualities over outer appearances.

MORAL

" Outer beauty fades; inner qualities matter."

Jigyasa Fit & Fine



Benefits of YOGA

- Yoga helps children manage their anxiety.
- Yoga improves children's emotional regulation.
- Yoga boosts children's self-esteem.
- Yoga increases children's body awareness and mindfulness.
- Yoga enhances children's concentration and memory.
- Yoga develops children's strength and flexibility.
- Yoga teaches discipline and reduces impulsivity.

Benefits of Yoga

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Jigyasa Good Manners



Good Manners

Know how to interact with babies

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Jigyasa News & Events

**Building Together:
Highlights from Our
Pillars of the
Next-Gen Community
Meet**

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Jigyasa Edutainment



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Jigyasa Fun to Learn

Step-1



Step-2



Step-3



Step-4



Turtle

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Jigyasa Words to Parent

To know parking lot safety



CONNECT WITH JIGYASA

This illustrated based inclusive bulletin is a non-profit initiative by Jigyasa Charitable Trust to enhance the reading learning habit of students at early and middle childhood including specially-abled, and designed by a team of specially-abled artists. It is reaching out to forty thousand readers and creating work opportunities for differently-abled. You can help, support and join us in this endeavor by subscribing, sponsoring and volunteering with us.

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